

# SPREAD KINDNESS LIKE CONFETTI SPIRIT WEEK



March 25th - 28th

## Monday

**Kindness Quilt Day** - all students will be participating in creating a collaborative kindness quilt. They will each colour and decorate a square with kind words and then the quilt will be revealed at our assembly on Thursday.

## Tuesday

Brighten Someone's Day Today!

**Wear your brightest colours today!** Do something to make someone smile or laugh today. Tell a joke, bust a move, sing a song or just tell someone why you like being their friend!

## Wednesday

**Hats Off to Kindness Day & Smoothies!** Everyone is invited to wear a hat today and give a friendly compliment to a friend! Also, all students will be offered a healthy smoothie today. The ingredients are banana, vanilla yogurt, orange juice and blueberries. *If your student has an allergy that we should be made aware of, please let the office know.*

## Thursday

Warm & Fuzzy (Fake) Friday!!

**Wear your cozy jammies or cozy clothes today!** Give someone at school warm and fuzzy feelings by telling them you are proud of them or why you think they are awesome!!! We will be having a kindness assembly and revealing who your Secret Kindness Class was and displaying our completed Kindness Quilt!